



PARK YOGA

VICTORIA PARK ASHFORD

FREE Outdoor Yoga Every Sunday

9.30am - 10.30am

4th May - 14th September

Look out for the Park Yoga flag

Park Yoga is for everyone!



**No need to book.
Bring a mat or towel.
Stay hydrated, bring water.
Don't forget sun cream.**

VENUE PARTNERS



Victoria Park

www.parkyoga.co

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